

The toilets are:

Environment Friendliness, Cost Effective, Hygienic, Efficient, Caters to privacy, Better ultimate disposal.

Highlights:

- 987 toilets completed
- 10 Bastis covered
- Promotion of Individual Toilets in Maharashtra
- Workshop in YASHDA, Pune.

EYE CARE CENTRE

Yuvak Pratishthan is starting a Permanent Medical Health Centre at Junction of Kasturba Road & J.N. Road, Mulund (W), Mumbai 80. This will provide adequate & proper health services for the population by carrying Eye Hospital and Eye Bank.

This centre will work for the benefit of patients in various fields of health care as pointed out in the aims. The eye bank will collect the eyeballs and provide this resource to needy patients through Federation of Eye Banks. Besides this Cataract operations will be performed and also make available routine eye care services.



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All of you are aware that Yuvak Pratishthan is devoted in social, cultural and constructive causes for last 25 years. This year we are celebrating its 'Silver Jubilee Year'. We have been recognised and awarded an ISO 9001 : 2000 certificate this year.

On the eve of our Silver jubilee, we have launched a new campaign 'Cataract Free Mumbai' following our previous major health related projects as part of Prevention and Care & Support with all other projects for instance projects related to environment, sports, culture, patriotism, and of course, the 'Slum Development', which are our ambitious project. We are having direct involvement in number of activities in slums.



Time to time we have been organising public function to inform you all about our activities by publishing our annual reports, booklets, IEC materials and many more. This year, we are pleased to circulate our monthly e-Newsletters about our ongoing activities. One can also visit our website : 'www.ypmumbai.org' for all of our activities.

We are glad to inform that we have been awarded and sanctioned two (2) Prevention of Parents to Child Transmission (PPTCT) Projects by Mumbai District AIDS Control Society for the 'D' and 'E' Administrative Wards of Greater Mumbai, covering total population of 3.8 lakhs and 4.4 lakhs respectively. The centres

will run in 'D' Ward at J.J. Hospital and in 'E' Ward at Nair Hospital.

The Slum Intervention Project is also renewed for more three years to spread awareness about HIV/AIDS in Tulshetpada, Bhandup. The project carried out in association with AVERT Society.

A team of eight (8) students carrying out their project on Social Work, visited our organisation for getting experience and to know how we are working in social field. They had been referred by Sion Hospital Mumbai and posted from Marian School of Social Work, Marian College Kuttikkanam, Idukki, Kerala for their 4th Semester field work programme. They had been given proper knowledge of our various projects by the project co-ordinators and by visual display of our documentaries.

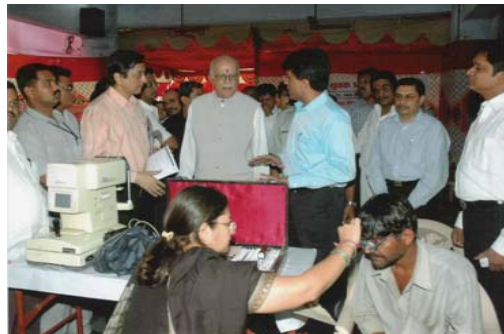
Yuvak Pratishthan has announced to start Eye Bank Centre in coming year and appealed to the people of Mumbai to donate eyes for the persons who have lost their sight to give them hope for a beautiful life.

We are very much thankful to K. J. Somaiya Hospital and Research Centre for giving us No-objection Certificate and providing 10 Beds in their hospital with all possible infrastructures to start 'Holistic Day Care Centre' in association with AVERT Society.

Highlights of a few of our activities this year are mentioned as below:

CATARACT FREE MUMBAI - Netra Suraksha Abhiyaan

To celebrate its silver jubilee year, Yuvak Pratishthan has launched 'CATARACT FREE MUMBAI - Netra Suraksha Abhiyaan' with a target of 200 Free Eye Check-up camps, 1000 Operations and 100000 Beneficiaries throughout Mumbai.



Shri Sanjay Latkar, Editor, Sakal was the Chief Guest and Smt. Geeta More Patil, Head Education Department, BMC, was Guest of Honour. Dr. Kirit Somaiya, Dr. Medha Somaiya and Trustees of the school were present for the ceremony.

BALIKA PALAK YOJANA

In this scheme one time donation of Rs.5000 to Rs.15,000 is given. This is a unique project through which we are mobilizing resources for orphan girls. The money will be kept as fixed deposit in the bank which will return Rs. 51,000/- when the girl attains maturity. This amount will be spent for her higher education, self-support and for her marriage.

Highlights:

- 52 girls are adopted, in which 26 from Shradhanand Mahila Ashram and 26 from Vatsalya Trust.
- Every year during Diwali gifts are given to them like Dresses, Bags etc.

SLUM SANITATION

Slum dwellers especially in Chawl, is urge for a sanitation system which is more hygienic, efficient and cost effective as well as catering to privacy of dwellers. They are advised to spent small amount of money to construct individual toilets. This unique concept has received overwhelming response after initial demonstration project at Tulshetpada and Asalpha.



JEEVAN AKSHAY (Seva Mobile Camp)

This project provides medical check-up and counselling of TB & HIV +ve people at the three health centre at Konkan Nagar (Bhandup), Kamraj Nagar (Ghatkopar), Mankhurd. It includes general check-up by Gynaecologists, free medicines & counselling. Camps organised once in a week at the above places. Two hospitals of Mumbai associated with this project. Patients who needs treatment are sent to Somaiya Hospital and Lilavati Hospital for further care and free medication.

Highlights:

Camps held	425
Females Screened	26905
T.B. Patients	39
Cataract Patients	21
Pregnant Ladies	4
HIV Patients	3
Hear Patients	4

- All the patients referred to different hospitals for free medication and treatment.

DRONACHARYA PURASKAR

This is the eleventh year the Puraskar is given to appreciate and acknowledge the sincere efforts made by the teachers of Mumbai. Selection committee including senior teachers select one teacher from one school all over North East Mumbai. The teachers are felicitated by giving them a Certificate and a Trophy in public functions.

This year the function was organized on 24th September at IDUBS School, Bhandup. 180 teachers from 180 Municipal and Private schools were selected and honoured with this awards.

Highlights:

Camps Completed	207
Patients Checked	87,360
Beneficiaries	34,007
Cataract Patients	3,391
Free Operations	1,549
Camp Organisers	149
Doctors involved	350
Optometrists	220
Spects Corodinator	50

We are also having a massive eye awareness and check up campaign for children in schools.

100th and the Children camp is inaugurated at the hands of Shri L.K. Advani in the month of May, 2005.

Special Camps done at Arthor Road Jail, Shraddhandand Mahila Ashram, School Camps for children and others.

The historical 200th Free Eye Check-up Camp and Sanman Samarambha under the project "Cataract Free Mumbai" was arranged this month, that was inaugurated at the hands of Hon. Pramod Mahajan, Member of Parliament. MLA Prakash Mehta, Dr. Sandip Rane, Mr. Damjibhai Palan (President, North East Zone Chemist Association), Dr.



Nilima Kshirsagar (Dean, KEM Hospital) and various prominent persons, Doctors, were present at the programme. The programme was held at Gurukul High School, Ghatkopar (W). Certificates distributed among Doctors, Optometrists, Surgeons, CBOs, Camp Organisers who have conducted more than 50 camps, as well as the Operated Patients who have supported / extended their cooperation voluntarily to make this campaign a grand success.

We receive regular support from the Bombay City Eye Institute & Research Centre by providing the ambulance equipped with all the latest check-up instruments. Apart from the general camps, we had been organized free camps in the Shraddhanand Mahila Ashram, Bandra Hindu Association, Arthor Road Jail and many more such organizations / institutions. It has been observed & experienced during the camp in Arthor Road Jail that there is a need of one more camp for the prisoners while the police personnel also demanded a camp especially for them / their department. We are now planning to organize such a camp. Bifocal glasses will also be distributed in the Jail.

JEEVAN ASHA

We all need a healthy living but each one of us is not capable enough to afford a healthy lifestyle. The poor are one such people. They constantly encounter ill health and they are not capable enough to meet the expensive medication for the treatment of the same. For such people Yuvak Pratishthan initiated Jeevan Aasha. It



TOBACCO CONTROL ACTIVITY

We have started Tobacco Control Activity in Mumbai with the support from 'HRIDAY-SHAN' a well known Delhi based voluntary organisation, which is actively involved in health education among school children of Delhi. The main thrust of this programme is to provide useful health information related to lifestyle factors (diet, physical activity, environment, habit related and tobacco avoidance that are essential for promoting health and preventing habit related disease. For more details about this activity one can visit our website.



For conducting this activity in the schools of Mumbai, we, in association with HRIDAY-SHAN, will provide with Health Education Material, Resource Persons and also Training Workshops for Teacher Co-ordinators and for Student Peer Leaders.

Highlights:

- Project Renewed this year
- 20 Schools identified and enrolled, in which 10 BMC and 10 Private Schools
- Students survey started
- Orientation workshops
- Signature campaign, in which 1000 Parents, Teachers, Students have participated and submitted to Union Health Minister
- Student Parliament conducted on the issue.

- | | | |
|--|---|---|
| 1. Hamsafar Trust
Old BMC Bldg.
Nr. Vakola Masjid
Santacruz, Mumbai
Tel 26650547 | 2. Nana Palkar Smruti Samiti
Rugna Seva Sadan,
Dr. Ambedkar Marg,
Parel, Mumbai.
Tel 24172167 | 3. Prayas Amrita Clinic
Karve Road,
Pune.
Tel 25441230 |
|--|---|---|

With the help of above mentioned NGOs, patients infected with HIV will be identified and treatment provided to them alongwith supportive care.

Type of subsidy:

- Tier One - 50 percent subsidy on selling price
- Tier Two - 35 percent subsidy on selling price
- Tier Three - 20 percent subsidy on selling price

The objective of Yuvak Pratishthan is to provide facility of ART treatment to the people living with HIV/AIDS as per the guidelines of ARCON and parameters of socio-economic capacities of the person.

We have visited for NGO Forum work and establishing ART Rollout Centres at various regions and districts in Maharashtra viz; Shirdi, Nasik, Ahmednagar, Hingoli and Washim. We have visited various resources / institutions / organisations viz; Sainath Hospital from Shirdi, Reynolds Memorial Hospital at Washim, Arpan Blood Bank at Nasik, Krupa Prasad Foundation at Ahmednagar and many other sources.

We have identified 9 centres wherein we can establish a centre while 5 centres (Sainath Hospital, Reynolds, Arpan, Snehalaya, Dr. Nanepurkar's Clinic) have been selected finally. A training programme is planned to organise for the above mentioned resources.

During World AIDS Week many informative programmes, ART Campaigning events, Awareness Workshops, were held in distinguish sites. Few of them are Mumbai University, K.J. Somaiya Hospital, Sarvodaya Hospital, Hindusabha Hospital, Bhakti Vedant Hospital, SNDT College, Harkisandas Hospital, Shivaji Park and Bombay Hospital. Hoardings displayed at prominent sites in Mumbai.

financially helps patients with surgeries involving Heart, Kidney, Brain, Cancer & Chemotherapy. They are supported by forwarding their requirements to various trusts and getting it financially approved. Patients to be screened for CT-Scan & MRI are forwarded to institutions to be done at concessional rates. Jeevan Aasha provides monitory and subsidiary benefits to people and helps them with their medical expenses. To support the costly medical treatments and surgeries for the patient coming for below poverty line.

In this activity, we continuously receive gratitude from the patients and their families for supporting and saving their lives. We receive regular supports, co-operations, from political leaders, hospitals, doctors, social workers with our personal touch.

As our record we have co-ordinated for medical assistance to the needy patients as under:

Cases	Enquired	Benefitted
Heart	2129	1533
Kidney	568	568
Cancer	757	507
Brain	95	72
Others	1183	1183
Gen. Enquiry	589	-
TOTAL	5321	3863

Apart from this, we have received more than 300 phone calls for enquiry / assistance during the month.

They all belonged to very poor family and was unable to bear the expenses. It is observed that most of the cases of Hearth disease are found between the age group of 01 to 15 year. (Approx. 8)

JEEVAN AASARA

The project was started on December 2001. We have been running 6 centres with govt. hospitals PPTCT Centres namely J.J. Hospital, Cama Hospital, Nair Hospital, Sion Hospital, Veer Savarkar Hospital and K.E.M. Hospital.



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Highlights:

Children Enrolled	179
+ve Mothers	143
Piggi Bank Provided	75
Mediclaim provided	33
Education Support	44
Sent to Orphanage	9

This year Diwali Party have been organised with Actor Vivek Oberoy. The programme was sponsored by BBC. We are called by BBC to organise such programme.

We receive full support / cooperation from the centre staffs, counsellors, gynaec doctors, pediatric doctors.

distributed for the students of BMC & Private Schools, who have lost their study material in flood.

- 25300 kgs. of Rice, 5000 kgs. of Soyabin, 5600 kgs. Sugar and 2100 kgs. have been distributed in 29 Bastis among more than 10,000 families of worst affected areas.

- Distributed 8329 coupons among the affected families in Bhandup, Mulund, Vikhroli, Ghatkopar and Kanjurmarg areas from 3rd to 17th September. 10 kgs. Rice, 10 kgs. Wheat and 10 liters Kerosene have been given each of the family.

JEEVAN AAYU

Yuvak Pratishthan in joint efforts with ARCON implemented a project called Jeevan Aayu, wherein medicines are provided to the people living with HIV/AIDS. The infected patients get the medicines at 20 to 50 percent subsidy.

Yuvak Pratishthan has been selected to play a role as Mother NGO in Maharashtra by GFATM (Global Funds for AIDS, Tuberculosis & Malaria) and ARCON (AIDS Research & Control Centre)

- YP has projected to establish a NGO Forum against HIV/AIDS, in Maharashtra.

- People living with HIV/AIDS would get all the supplementary support, in this project.

- The people living with HIV/AIDS are taken care along with psychological support. Besides these guidance on nutritional diet and Yoga practices given to them for positive thinking in their life.

Yuvak Pratishthan aims to provide ART treatment to 1000 people infected HIV, with the medium of this programme.

The NGOs in the role of partner participating in the programme are as follows:

MUMBAI FLOOD DISASTER

As you are aware, that the 26/27 of July were the worst days in the history of Mumbai. During these 48 hours there was unexpected, unnatural rainfall totally disrupted the life of people in every sense. Even after more than a week different parts of the city were struggling to survive. Kalina, Kurla, Sakinaka, Andheri East, Wadala, Chembur, Ghatkopar and many other suburban areas were still finding a way out of the disorder. The relief work was obviously given priority.

We would like to mention here that Yuvak Pratishthan, from the third day, started, got involved in flood relief work. Our first Medical Centre was opened at Saki Naka on the third day itself. 100 people died over there.

YP with all its capacities and efforts is trying to cope up with the conditions and helping out the people by the medium of providing kits including goods required for day to day necessities and all other possible things to make them maintain their daily life.

Highlights:

- Till now Yuvak Pratishthan has completed 100 medical camps in the last 25 days. About one lakh flood affected were medically checked up and free medicines were distributed.

- 50,000 Chatais / Chaddars distributed among the affected families.

- Langars started from July 29, at Ghatkopar, Kurla, Powai, Bhandup East & West and about 13300 persons taken meal for two times for almost a week.

- 1,72,000 nos. of Note Books have been



JEEVAN AADHAR

In this project, till date 146 ladies have been enrolled. We are visiting them regularly for counseling. Workshops / vocational training programmes are organized from time to time. Yoga classes are also arranged for them in Nair and Sion Hospitals.

Highlights:

- Jobs provided to 10 +ve mothers
- 2 claims settled with them under PT Case
- Anti Retroviral Therapy (ART) started - 3 ladies enrolled
- 48 women given indigenous medicines
- 3 nos. of skilled training programme organised
- 1 Bachat Gat under SJSRY Scheme started.

JEEVAN AMARTYA

It is actually a research project under the name of "Cause of death study among prime age adults in Mumbai". It is funded by National AIDS Control Society & commencing from 1st of February, 2004. Initially we had collected data of 4600 young deaths in North - East Mumbai, which revealed a shocking fact of 30% cases of death primarily due to HIV / AIDS & T.B.

Initial Data Collected	4600
Survey Conducted	1050
HIV/ AIDS/TB Cases	325
Age Group	15 - 45 yrs.

During survey, it was noticed that 80% of the cases belong to low income group. It was further observed that the sex ratio in this category is 6:5 between the age group of 15-45 years. Only 5% are found graduate, while 10% are found passed SSC, rest of them are either uneducated or under 10th. 60% cases are found alcoholic.

We received full co-operation, support in gathering information from almost 75% of the families, private doctors of slum areas, social workers, while 25% families have not intended to give information about the death. It has been observed and experienced during the survey that the families of the victims are looking forward for constructive support from the society, from the social organisations, and from the government.

COURSES IN SLUM STUDIES

Courses in Slum Studies (CSS) is another example, practically useful and socially oriented educational programme conducted by Yuvak Pratishthan in association with Ramnarain Ruia College & All India Institute of Local Self Government. Certificate course and P.G. Diploma Course affiliated to Mumbai University is running successfully. The second batch of DSSD is commencing from 15th of August this year.



Workshops under the Slum Studies Programme:

Workshops are being conducted every month with the joint collaboration of Kalyan Dombivli Municipal Council and Ruia College. In the workshop participants from slum areas discussed on the amenities /needs of the people in the slums, their rights and their participation in social work. We are planning to organize such type of workshops in New Bombay, Mira Bhayender, Ulhasnagar, Badlapur and Bhiwandi with the objective to bring the problems faced by these people to the notice of higher authorities, which shall then draft out action plans to solve the same.

discussions with BMC, Tree Authority, MMRDA, Contractors, they have agreed to re-plant about 5300 trees/plants on the site.

But, we regret to state that the destruction of trees / plants on the eastern express highway is still continue. Our president Dr. Kirit Somaiya, have taken some photographs of destructed trees alongside the EE Highway while crossing it. Immediately, we did correspondence with the concerned departments, authorities, government. A visit of BMC Officials, Tree Authorities, media representatives, was also arranged in this month. Protective measurements have been taken in this regard by the authorities.



Kirit Somaiya's Campaign to Protect and revive Mithi Nadi since 2001. A Public Interest Petition filed to Mumbai High Court, Action Plan to revive Mithi River is submitted and 'Mithi Bachao Mumbai Bachao' Campaign started .

JAN SHIKSHAN SANSTHAN RAIGAD

Yuvak Pratishthan has set up Jan Shikshan Sansthan (JSS), which is sponsored by the Ministry of Human Resource Development, Govt. of India, for Raigad District of Maharashtra, for the purpose of education and increasing occupational skills, capacity building and knowledge of trainees so as to increase vocational and employment potential of the people in rural areas. Establishment and Registration of new independent organizations as directed in the JSS scheme will pave a way for Educational and education related social work which is very necessary to up-lift the downtrodden population. The Head Office is established in Alibag Taluka in Raigad District of Maharashtra.

the common people about HIV/AIDS. The events were - Students Rally, Street Plays, Poster Competition, Essay Competition, Rangoli Exhibition, Poster Exhibition and Video show, Quiz Competition, Information Stalls, Prize Distribution.

The inauguration of the programme was to begin with students rally of school going risk age group students from std. VIII to X, students from Raja Ram Shet

K h i n d i p a d a , Omega and Ideal school Tulshetpada a c t i v e l y participated. There were around 232 Boys and Girls. Our President Dr. Kirit Somaiya in his inaugural speech addressed about the dreadful disease HIV/AIDS and encouraged them to create mass awareness and inspire people to fight against the disease and make the AIDS FREE WORLD.



During rally, we have implemented slogans like 'EK DO, EK DO, AIDS KO PHEK DO, WACHAN HUM NIBHAYENGE, AIDS KO DOOR BHAGAYENGE, YUVAK PRATISHTHAN AAYEE HAI, NAYI JAGRUTI LAYEE HAI and many more.

ENVIRONMENTAL ACTIVITIES

We have started 'Highway-Greenway' project for the beautification of 'Eastern Express Highway' from Suman Nagar, Kurla to Mulund. Under this project we have planted 12,000 trees/plants alongside the E.E. Highway. During the ongoing works on E.E. Highway, the Contractor have started destroying of the trees. We have made complaints to various departments / ministries. After several

In December month's workshop about 137 women had participated in the training programme. Training provided on Personality Development, Communication Skill by Ms. Seema Sayyed, Goal Setting and Time Management by Prof. Anand Jadhav and Leadership Quality in Women by Dr. Medha Somaiya.

Highlights:

- Training programme for Govt. / Non-Govt. sectors
- Exhibition / stalls in Career Guidance related to slum social works
- Survey of Slums:
 - Rehabilitation status and Quality of Life
 - Socio-Economic Profile of Dharavi Kumbharwada
 - After Effects of Flood - 26 July in Slum Area.
- Lectures conducted in various Educational Institutions & Mumbai University
- Seminars related to Slum Development

SLUM INTERVENTION PROGRAMME

As you are aware that we had launched a massive campaign 'AIDS Free Mumbai - AIDS Free Next Generation' four years back and organised major events, International / National conferences, Street Plays, and many more to make the people of Mumbai aware about HIV / AIDS. It is found that the H I V / A I D S Epidemic is already knocking the doors of general public. In continuation with this, we have started Slum Intervention Project in association with



AVERT Society from Sept. 2002 with an objective to Reduce impact of STI/STD and HIV/AIDS in the community in Tulshetpada/ Khindipada (Bhandup Mumbai) where we have targeted a population of 47000 residents in these areas. We have also started condom promotion in this area.

The target group is Youth-Male, Female, +ve Women, Widows, Pregnant Women, General Children, Children of +ve families, Orphans, Senior Citizens, High Risk Group Construction Workers, Truckers, Doctors, Paramedical Staff & Chemists & Druggists

For the awareness of HIV/AIDS and STI/STD we have adopted various methods for counselling the people like 1 to 1 session, 1 to group, BCC Events for the Institutions, Marker Events during festivals and mass events. We have also started pre & post counselling services and referral services.

In the condom promotion we have adopted the outlet method in which we have promoting Traditional Outlet and Non-traditional outlet under which we have motivated Juice Center, Pan Bidi Shop, Mochi, Tailor, Barber, General Stores, Private Dispensaries for free distribution of condoms.

The following chart is showing the activities done during past three years.

SR.	NAME OF THE ACTIVITIES	SEP02- AUG03	SEP 03- AUG 04	SEP 04- APR 05	TOTAL
1	One to One Session	7858	6289	4410	18557
2	One to Group Session	2367	5607	3181	11155
3	B.C.C. Event	40	51	53	144
4	Mass event / Marker	6	1	2	9
5	Condom distribution	19607	61903	48174	129684
6	Condom Demonstration	914	10760	8343	20017
7	Condom Redemonstration	348	6568	5763	12679
8	Priced Condom Sold by Social Mkt	127	1815	330	2272
9	Free Condom Outlet Established	51	16	11	78
10	STD Referred & Treatment	73	404	307	784

11	Partners Referred & Treatment	4	132	23	159
12	Number of people Counselling	95	449	312	856
13	Peer educators	37	35	102	102
14	Peer Educators Trained	15	65	65	145
15	Meeting with Secondary Group	490	882	1274	2646
16	Meeting with HCPs	126	267	467	860

Highlights:

- The Project renewed for 3 more years. Only 3 projects have been renewed this year
- Specific target for the vulnerable people
- STI/STD detection /counselling and detection of HIV status in same area.
- 2nd Awareness level i.e. the intervention programme.

During the studies and survey it is found that awareness is needed due to misconception among the people. Technical knowledge is required to the migrant & construction workers. General public are eager to know more. We receive public support in this project.

WORLD AIDS WEEK PROGRAMMES

On the World AIDS Day, Yuvak Pratishthan in association with AVERT Society organized a special programme in the project area, by way of various events through which the message of awareness and prevention can be easily reached to

